

## TOP RED ALERT FOR UNDER-PUBLICIZED ELUSIVE ENVIRONMENTAL THREAT!

for every consumer, who is concerned about their **grandchildren's infertility**, forecasted by 60+ studies to onset by **2045 globally**: Self-mobilization for **NO BUSINESS AS USUAL**, for the **TOP PRIORITY** for **everyone**, due to limited time **prevention window**. Let's begin with **THE ROOT CAUSE - Sensory Shutdown of Pain Alarm to toxicity & zombilization**, by using **Sensory Reawakening music/Arts-modalities**, to reset brain's inter hemispheric balance, essential for bilateral integrative mindset, VS primitive unilateral cognitive dominance



## Urgent new priorities of NO BUSINESS AS USUAL needed for COUNTDOWN2045 TO GLOBAL ZERO FERTILITY CRISIS:

Prevention of Global Zero Fertility Crisis = HUMAN Extinction, forecasted by 2045, by Global Detox & by addressing its **ROOT CAUSE - SENSORY OBLIVION TO TOXICITY**, as most urgent multidisciplinary implication, reflected through framing of **Bach Sensory Deactivation Effect (BSDE)** ( based on presentation by Rozalina Gutman for Research Commission @ 35th World Conference of ISME, under auspices of UNESCO )

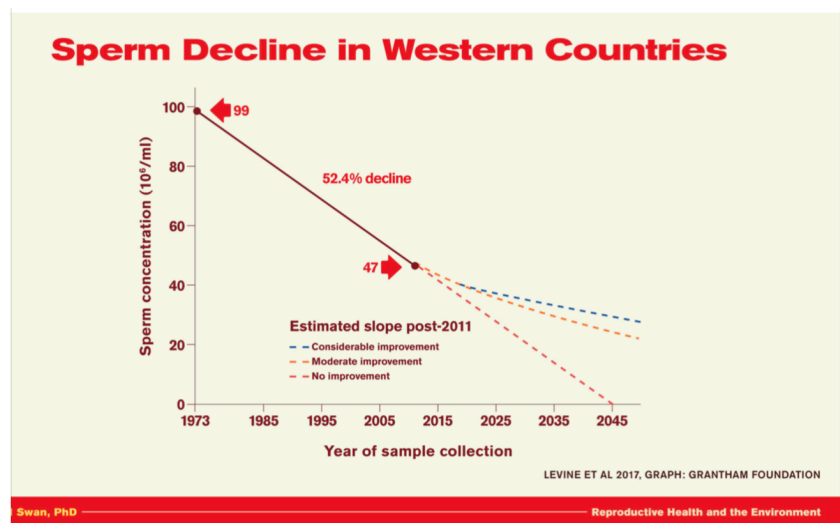


Observational Study by Rozalina Gutman revealed **tangible evidence of otherwise elusive Bach Sensory Deactivation Effect**, along with the **tangible HOPE**, inspired by urgent 300 y.o. multidisciplinary lessons from Bach to neuroscientists on harnessing Music Instinct, for breaking paralysis around **fast approaching, yet unrecognized (and under-publicized) onset of H U M A N EXTINCTION** (according to 60+ global fertility studies



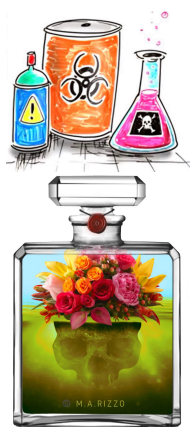
reviewed by **Dr. Shanna Swan, PhD (author of "Count Down")**. The discovery provided framing for grasping sociosomatic **ROOT CAUSE of crisis - SHUT DOWN PAIN ALARM TO CHEMICAL TOXICITY** that **no longer informs self-preservation instinct**. And that permits **SENSORY**

**COMPLICITY TO CHEMICAL HAZARDS**, currently present in many of consumer products (esp. in US), due to **irrelevant health/safety standards**. And as the direct result, sperm counts plummet currently at the **rapid rate of 2.64 %/year (increased from 1%/year during 2017-2022!)**, caused by **cumulative effect** of normalized and permitted to surround us everywhere hazardous chemicals, forecasted to reach **ZERO = Global Infertility by 2045**, caused by this **yet to be recognized omnipresent among majority multigenerational zombilization trend**. Additionally to infertility, variety of many other



**ENVIRONMENTAL ILLNESSES** had been increasing too, while \$-driven medical industry cruelly **FAILED TO LABEL** them as such, despite the rising need to stop **PREVENTABLE** despair. For example, **1 out of every 40 children in California is suffering from autism... Every 2nd man and every 3rd woman is to be knocked down by cancer during this decade...** The absence of “*environmental illness*” term in diagnosis references to various incurable illnesses propelled *cruel normalization* and spread of this horror in our society, instead of raising the urgency for **the relevant standards to prevent these man-made health calamities**, AS IF the anguish of pain and losses of multitude of precious healthy lives is “inevitable”. Paradoxical delusion towards normalization of toxic substances to surround us in various products is the result of the collective blind spot of Sensory Complicity to preventable chemical hazards, caused by sensory shutdown. And the lack of counterpoint of Sensory Reawakening is what made it possible in our society. **Thus, in order to sustain, our civilization needs to reconnect with our ancestral gift of brain recalibration through consistent practice of Music/Arts, bringing it into daily life. Raising our vibration by employing proactive engagement with Music had been always essential for Humanity, but now it has become EXISTENTIAL.**

In fact, Sensory Oblivion to toxicity is the root cause for twisted priorities, permitting for immoral political campaign contributions bribery that had disabled US Law to prosecute notorious **CORPORATE PROFITEERS** from environmental illness, and those, who create obstacles to stop them, despite their duties, **(as captured & detailed in visionary & evident STINK! documentary [available on YouTube])**. However, **INT’L TRIBUNAL COURT IN HAGUE, HOLLAND will demand to extradite from any country those, who commit crimes against humanity, allowing for environmental justice & INTELLECTUAL LEADERSHIP to rise up to stand up to spiraling out of control catastrophe.**



This discovery should be disseminated urgently among the Public to help **realize the fact that majority no longer feel pain-warnings for surrounding them toxic dangers**, similarly to the pain-alarm from accidental burn of the skin that makes us pull away from heat rapidly and instinctively. Due to its unconscious nature, the question “**WHY doesn’t our self-preservation instinct protect us from similar danger of chemical toxicity?**” has not been merely



asked by brain scientists, until similar collectively practiced blind spot became reflected through music of J.S.Bach. During childhood most of us inherited **multigenerational** conditioning to shut down pain-alarms toward chemical hazards, by **internalizing** surrounding parents’ example of **normalizing it**, by enacting “toughen up”, “real boys don’t cry” etc. mottos, fearing to be shamed for invalidated complaints. Thus above data from 60+ studies calls for society-wide **SOBRIETY** to shocking truth: **toxicity’s impact is NOT cancelled by multigenerational repression of pain warnings!**



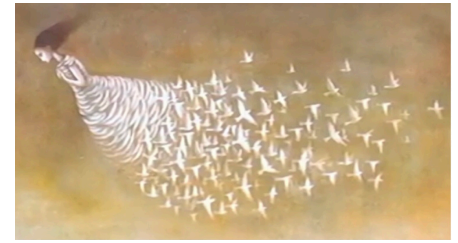
This recognition of the fact that we can not continue to rely upon **DEACTIVATED SENSORY CAPACITIES TO INFORM OUR SELF-PRESERVATION INSTINCT** means, that at least now **NEW PRIORITIES** have to be set and mandated **consciously for majority of people** - based on THE **URGENT** and **SOBERING DATA** from the above research. The current paralysis of timely strategies must be broken with no more delay, in order to assure survival of the humankind. And to succeed, our goal is **global SELF COMPASSION-based awareness of THE TOP RED ALERT for NO BUSINESS AS USUAL**, leading to urgent actions to raise awareness about pressing need for:

- creation of global agency to monitor **COMPLIANCE WITH BRAIN/MUSIC RESEARCH**, and to assure adequate funding for teaching artists to provide music/Arts-based Sensory Reawakening for **ALL**, due to essential necessity
- creation of **GLOBAL THINK TANK** for developing awareness & global strategy to navigate during pivotal moment in human history of **COUNTDOWN2045**, to shift from current fast track to man-made **DEvolutionary** self-demise
- most **URGENT** creation of **NEW RELEVANT HEALTH/SAFETY STANDARDS** for manufacturing of all man-made products and consumer goods, by *tapping into relevant experiential feedback from the small percentage of population, who are still capable of retaining pain alert signaling system*, while feeling hurt and sick from the enormity of chemical toxicity, due to their **still active sensory capacity**. Such consultancy can bring crucial info at this urgent juncture for humanity. And the book by **Dr. Molot “12,000 canaries can’t be wrong” makes it evident**
- creation of **DIY guides** on practical hands-on **DETOXING** of both personal dwellings, communities, and globally.

The observed sociosomatics for above self defeat patterns have **evolutionary survival adaptation origins in Flocking Instinct**: freedom loving birds gather into flocks for safe migratory flights, shutting down individual



freedoms, senses, in order to behave as “nuts and bolts” of collective mechanism of the flock-mind. This evolutionary ancient instinct to conform to collective mindset had been pressuring humans for a number of generations to *prioritize* fascination with new high tech gadgets/technologies, while shutting down their pain-warning safety-mechanism for detecting toxic non-bio-identical materials, used for their manufacturing, AS IF this may be “secondary” for their own welfare, while **INDISCRIMINATE CUMULATIVE EFFECT** of the impact had been *increasing from unpredictable results* of unannounced experiments on unsuspecting consumers, trusting in responsible agencies to provide logical protections from large scale impacts, due to **irrelevant health/safety standards**.



With no more delay public has the right to know of this collectively practiced on the global scale malfunction of the brain among majority of people that had spread like a social “virus”, with the impact that is so similar to the parable in iconic fairytale of Andersen’s “Emperor’s New Clothes”. *Finally, evidence for similar sensory shutdown, found by Ms. Rozalina Gutman is not fictional, but real! And, its implications with yielding rare music-centered solutions for brain advancement & resilience are effective, thanks to re-establishing lost link to vibrational nature of our interconnected universe.*



*Global impact of discovery of this sobering, yet life-saving evidence for the roots of inconvenient truth can be compared to “our planet isn’t flat” discovery. History of the senseless denial of truth inertia may not be allowed to be repeated, since this time it will be at the cost of disappearance of human race !* **HELP STOP** any senseless delay of the pressing urgent action, **HELP STOP modern versions of cruel WITCH HUNT against catalysts and messengers of change.** Today, such retaliation to change puts at risk millions of people for illness and death in painful anguish from **STILL PREVENTABLE man-made environmental catastrophe**. Bitter history lessons from Dark Ages should be learned, and true INTELLECTUAL leaders should rise up and lead by example of conscious strive to regain SENSORY SOBRIETY and SELF MOBILIZATION to practice urgent **NO BUSINESS AS USUAL** personal/global strategy!

### ***From anatomy of discovery***

#### **HUMANITY’S HOPE: J.S.BACH’S TOOLS FOR HUMAN BRAIN ADVANCEMENT BEYOND SELF DEFEAT**



If three centuries ago visionary genius composer J.S.Bach found support for his music education program from Leipzig City Council etc and the practical means for dissemination of his music-based cognitive technology, for manifesting his ideas within community and beyond, it would have dramatically changed cultural landscape of Germany, impacting on the rest of Humanity’s path of development. J.S.Bach employed his genius to use Music as Sensory Reawakening, very helpful for restoring inter-hemispheric balance, for overcoming self defeat tendencies of the human brain, linked to zombilization (if played as intended by him). And even false imprisonment could not stop his lifelong ARTivist rebellion against his time’s music rules that paradoxically promoted emotional repression, contrary to its innate

purpose to reverse it. But, paradoxically, most of his music’s recordings today reflect profound distortion, being evident of most alarming trend: much of our current music simply reflects zombioized state of Humanity, instead of challenging it with true emotional reawakening of our senses through resonant musical beauty! Today, even without anticipated dangers of AI interference into our life, with very few exceptions, most of music recordings already demonstrate the features of lost emotional alertness and normalized lack of emotional nuances... And this serves as the reflection through music for the unconscious trend of loosing humane features of by many members of human race. The reversal of this sign of self defeat determines sustainability of Humanity at its root level, as demonstrated by sociosomatics of COUNTDOWN2045. ***The value of this type of disappearing and now scarce capacity for resonant musicianship has to be prioritized, in the wake of deepening globally of sensory deprivation, zombilization, leading to further degradation of the human mind.*** Humanity had been already paying dearly, including with preventable suffering from environmental catastrophe for the failure of intellectual leadership to follow visionary lead of J.S.Bach with the mindset of neuroscientist. And engaging with music in **AUTHENTIC WAYS, that provides BOTH emotional and analytical** involvement is the incomparably powerful gateway towards optimizing cognition. J.S.Bach’s effective use of *Music Instinct* (beyond use for mere entertainment) is yet to be tapped. It can serve as **quite unique, adequate “container”** to the above described self-destructive & harmful *instinctive power of evolutionary relics of evolutionary young human brain that mangle into compound trauma effect in unconscious mind and cause hard to sort out self-destructive cognitive dissonance.* And this provides tangible HOPE to address this current hopelessness of omnipresent brain malfunction and resulting variety of man-made crisis, including various global threats to human existence.

And just like *his music finally helped reflect/embody elusive, unconscious nature of THE ROOT cause of many blind spots of self defeat, transformative applications, based on J.S.Bach’s music, composed with intentional therapeutic*

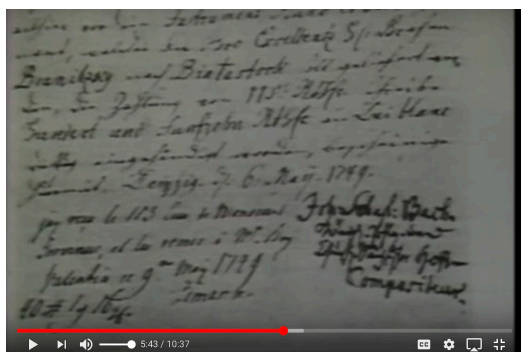
uses, are uniquely helpful for resonant embodiment of complex polyphonic emotional reality. And, they can serve as very effective “containers” to nurture on the global scale (1)personal inner change and (2)society-wide Sensory Sobriety from institutionalized cognitive dissonance, resulting from widespread detachment from emotional reality, in order to reduce suffering of population, including the means to **allow for the birthright to be passed down to/from grandchildren of today’s adults, now in question and depending on urgent response by every adult member present today.**



Notably, Ms.Gutman’s presentation of her textbook changing discoveries helps grasping sociosomaics of otherwise hard to comprehend, elusive *root cause of collective blind spot* - hard to grasp **Sensory Oblivion to chemical toxicity.** Its *unconscious pattern* was found through the least expected, but effective and evident reflection, observed and discovered by Rozalina Gutman *through compilation of recordings of unearthed by her J.S.Bach’s Fugue-Parody.* It reflected similar paradoxical socially influenced localized SENSORY SHUTDOWN by many renown gifted recording artists, who demonstrated incapacity to grasp and to project **hard to miss emboldened dissonant sonorities**, employed by the composer defiantly, despite his time’s ban, in order to create the sense of hilarity with music metaphors. Indiscriminate elusive social influence that effected even musicians - the last line of defense from zombilization of the human brain. Even these admired for their gift pianists (& their audiences) acted *AS IF they lost their senses of eyesight and hearing*, sadly, due to the pressure from the **false educational standard to repress their emotions**, paradoxically replicating lacking dynamics harpsichord. And, meanwhile the evidence of Bach’s ownership of emerging hammer-clavier “*Piano et forte*” has been under-publicized by individuals and institutions, focused on overseeing Bach’s legacy, despite fundamental changes it leads to. And as the result, **300+ years after Genius Bach was freed from his FALSE retaliatory imprisonment, his music legacy still remains imprisoned by emotional repression - the cause Genius Bach-neuroscientist fought so defiantly.** This autographed document with translation should have been publicized to all performers of his clavier compositions to inform musicians of his true intent for his music. *And most paradoxically, majority of millions of performers’ fans should be informed of the blind spot, spreading AS IF it was a social “virus”...* Rozalina Gutman took exemplary role to report her self-reflection, helping to understand the shared collective pattern: initially, while being among fans of idolized musicians, she also replicated this blind spot, when she was assigned the piece during her youth, at the age of 14, for her college entrance exam that she passed with highest score, awarded for required mechanical performance, as the result of following the above widespread inertia of false professional standard, enforced blindly, and unconsciously. Her grasp of BSDE sociosomatics came as “the silver lining” of being among millions of Women’s Heart Attack victims: due to left unresolved heart vessel blockage, her heart’s acute sensitivity signaled with pain about otherwise hard to grasp cognitive dissonance from sociosomaics of collective emotional repression, falsely normalized to imprison the beauty of music, intended by J.S.Bach.

*This document serves as the written evidence about J.S.Bach’s convictions to create emotionally nuanced music for clavier - the sales receipt, signed by J.S.Bach to verify handled by him sale of **Piano et Forte**, capable of varied dynamics hammer-action clavier, emerging during his time in Germany, made by clavier maker Silbermann.* It serves as **the official permission to enjoy Bach’s clavier music to the fullest**, absolving of irrelevant requirement to withhold emotions in J.S.Bach’s clavier music, due to the need to replicate dynamic limitations of harpsichord, simply because it was dominant during composer’s time... This most significant evidence about his neuroscientist’s mindset, focused on deepening emotional resonance of his music should be a part of Preface of his every score, but instead, paradoxically, it had been remaining under-publicized, unknown to majority of musicians.

[Translation from German is by musicologist Eva Badura-Skoda of above J.S.Bach’s Autographed sales receipt for Piano et forte]



Daß mir Endes benannten von Herrn Valentin, allhier, vor ein Instrument, Piano et Forte genant, welches an Ihro Excellenz Herrn Grafen Branitzky nach Bialostock soll geliefert werden, die Zahlung von 115 Rthlr . . . richtig eingehändigt worden, bescheinige hiermit, Leipzig den 6. Maij. 1749.

Joh. Sebast. Bach. Königlich Pohnlischer und Churfürstlich Sächsischer Hoff-Compositeur

(That the undersigned duly received from Mr. Valentin as payment for an instrument, named Piano et Forte, which should be delivered to His Excellency, Count Branitzky in Bialastock, 115 Rheinisch taler . . . is herewith confirmed,

Leipzig, May 6, 1749.

Joh. Sebast. Bach / Royal Polish and Electoral Saxon Court Composer)

Ms. Rozalina Gutman attributes her **above average capacity for unique insights** in empirical self analysis to her ability to **travel to/from conscious/unconscious mind**, routinely practiced through *teaching practical piano playing skills & designing curricula to master high performance semi-automatic motor skills, allowing for musical multitasking by layering over more advanced intellectual operations of complex nuanced emotional expression, of*

global compositional structure navigation, of symphonic development etc. thus, *revealing uncommon wisdom that distinguishes **hands-on music educators from the rest of academia***. (Her recognized Int'lly method, based on authentic expression & superb technique led to prodigious student's success. And now its expansion from private studio to provide wide public access to the pathways towards Higher Human Potential will offer music-based tools for cognitive advancement to anyone, who is curious to explore transformative power of joy-neurotransmitters to advance human mind.)

Ms. Gutman was able to track similarities of the elusive large scale zombilization, involved in sensory oblivion to chemical toxicity and the sociosomatics of *Bach Sensory Deactivation Effect (BSDE)* that demonstrated the same attributes: embodied through music and otherwise (1)elusive evidence of sociosomatics of (2)collectively practiced (3)blind spot of self-defeat, as (4)the consequence of (5)sensory shutdown, that is (6)socially influenced to conform to collective attitudes. These blind spots result from disruption of essential for **integrative mindset inter-hemispheric balance and heart-brain balance** (in which **heart sends more messages to the brain**, unlike previously thought...), due to the lack of Sensory Reawakening through our ancestral gifts of music and arts practices, essential for recalibration of the brain. **Analytical/emotional balance in Bach's music** can be utilized for brain advancement, as confirmed by Dr. Schlaug's visionary MRI study, evident that *those study subjects, who started studying music before the age 7, developed measurably larger corpus callosum tissue that connects brain's left/right hemispheres.*

Indeed, self-compassion counterpoint of music/Arts-based Sensory Reawakening to caused by Sensory Deactivation **inter-hemispheric imbalance**, is observed to have measurable restorative effect on brain function among millions of afflicted by *Autistic/Asperger spectrum* individuals. And majority of the public with common and normalized lesser dysfunction of inter-hemispheric imbalance, manifesting into **normalized widespread linear, oversimplified perception of complex reality**, can expand it into **integrative mindset** with music-based educational modalities. (The list of visionaries, who credit optimal brain function to music starts with amateur-violinist Einstein, attributing his discoveries to expanded conceptual cognition, extending to visionary brain researcher *Dr. Louann Brizendine*, author of *Male Brain* and *Female Brain*, based on *gender influences on fetus brain* studies), revealed her use of piano practice for keeping sharp brain function. Nobel prize winner Saul Perlmutter is avid amateur violinist, among many others. )

The above markers of sociosomatics of sensory shutdown had been featured in experiments for social influences of cognition for Asch, Milgram, Lucifer Effects. However, observed in BSDE processes provide missing solution to the described in many textbooks blind spots' problems - through music-based Sensory Reawakening, shedding the light of hope into the darkest corners of unconscious mind. Learning how to harness Music Instinct can be the effective solution for reshaping inertia of overcompensation for emotional trauma (prism of trauma that inhibits perception of reality). The effectiveness of the counterpoint of modalities, based on Music Instinct to target powerful subliminal impacts of evolutionary relics of ancient incivility instincts is based on similarity of their mechanisms, facilitated by neuro-chemicals that had been formed as the result of millennia-long evolutionary inheritance that we possess, while such awareness is often lost, due to disconnect with primordial roots of our existence. (Related studies on neuro-chemicals had been reflected in **"Molecules of Emotions"** book by Candace Pert, PhD, providing science behind mind-body medicine.) That is what makes effective the use of music as the vehicle of transformation in the intricate process of repatterning synaptic connections, formed by emotional pain from traumatic experiences that may have the capacity to gain the false priority and to interfere with the focus on reality with *cognitive dissonance, leading to harm/self-defeat, often hidden from conscious grasp.*

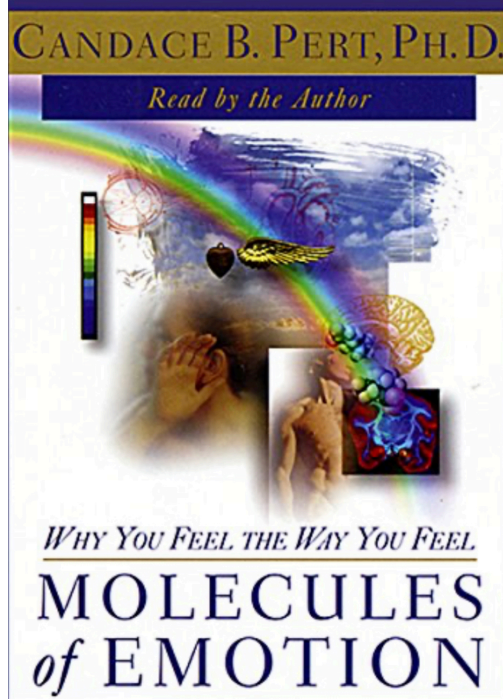
### **The name *Bach Sensory Deactivation Effect (BSDE)***

honors **J.S.Bach's ARTivist's rebellion, in defiance of FALSE retaliatory imprisonment, in violation of human rights** that he couldn't object without legal defense, UNAFFORDABLE to genius, due to incivility of **"Oath to Poverty"**, **senselessly imposed by power institutions upon musicians and artistes.** And overdue and most urgent bitter lessons from false persecution of Genius convict/5th Evangelist must be learned **finally and for generations to come**, to shift trajectory of development of human brain from DEvolution, made evident by COUNTDOWN2045

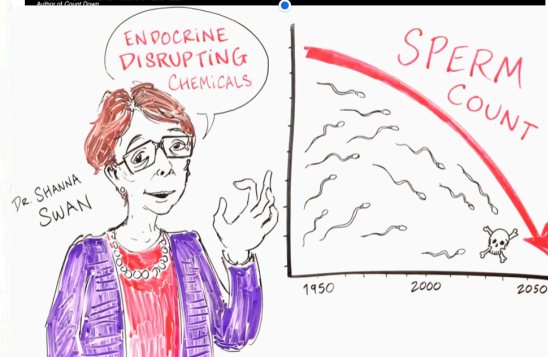
**Paradoxically, 300+ years after timeless genius J.S.Bach was released from false retaliatory imprisonment, his musical legacy remains in shackles of emotional repression! Help us SHARE our global strive to liberate Bach! And help promote Bach-led self-reflection journey based on his true intention for music.**

**Join us in our call for centuries overdue APOLOGY TO J.S.BACH, TO HUMANITY, AND TO MUSICIANS AND ARTISTES OF ALL TIMES: **THE GUARDIANSHIP STATUS OF CULTURAL TREASURERS** FOR BEING MADE MORE & MORE SCARCE MUSIC/ARTS EDUCATORS/THERAPISTS, carrying critically urgent for human civilization skills of Sensory Reawakening, in the face of COUNTDOWN2045 to prevent the onset of HUMAN extinction**





Illustrated interview of Dr. Swan for  
**AFTERSKOOL** YouTube Channel  
<https://youtu.be/Uo-kSxHNSDQ>



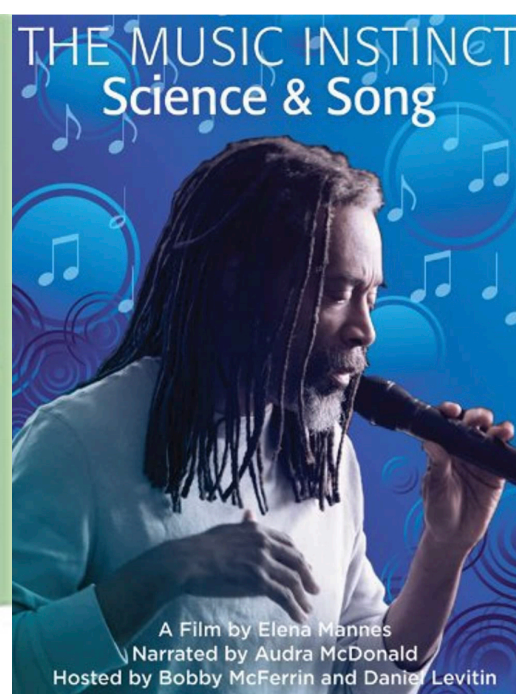
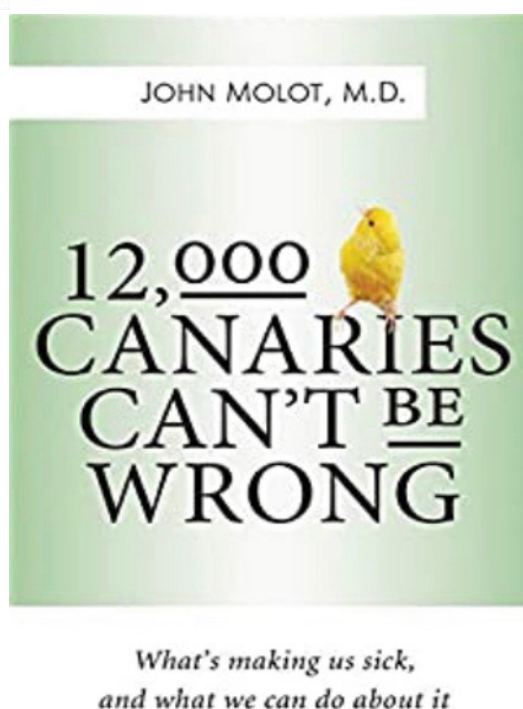
THIS IS DAISY.  
Daisy watched the documentary  
"STINK!"  
Now Daisy knows the truth!



How Our Modern World Is  
Threatening Sperm Counts,  
Altering Male and Female  
Reproductive Development,  
and Imperiling the Future  
of the Human Race

**COUNT DOWN**

**Shanna H. Swan, PhD**  
with Stacey Colino



Credits for above/below illustrations to Mark Wooding for the interview by Dr. Shanna Swan on her review of 60+ studies (see it on very popular *After Skool* YouTube channel <https://youtu.be/Uo-kSxHNSDQ> and **THE NEWEST URGENT UPDATE** <https://youtu.be/uLxFazLK2Mg>), to late ARTivist Maria Rizzo (Fragrance Free Revolution), and to Duy Huynh